



Stichting Burnout for international/English speaking customers

The share of internationally working labour has vastly increased since 2006.

Stichting Burnout offers its tests, burnout recovery programs and counselling also in English, especially around Rotterdam, The Hague and Amsterdam.

Stichting Burnout completely adheres to most modern science and international best practices.

As tests we use:

- Ubos (Utrechtse Burnout School) which is the Dutch version of the MBI (Maslach Burnout Inventory) – see <http://scholar.google.com>)
- SCL-90 – used world wide, published by Pearson (see also Google Scholar for references)
- BBTI – Blankert Burnout Trigger Inventory, also used in English
- 4DKL, '4 Dimensionale Klachten Lijst', a scientifically approved inventarisation of psychic related complaints, in Dutch, Terluin 1996, see Google Scholar

Our burnout recovery method is also part of science, see Google Scholar 'Kunst van burnout herstel' – 2015.

We will of course mail you an English version of our recovery plan.

We work in the Netherlands and can counsel in English; we also counsel internationally travelling managers and professionals by a variety of means, as skype, telephone, written exercises, mail etc.

If your employer abides Dutch law, he should pay the costs of our recovery program. If the employer refuses, we know how to convince hem to abide law.

For purposes of quick proceeding with burnout recovery, you may also choose to pay yourself.

Burnout = adjustment disorder in DSM is not reimbursed by insurances, because it is nationally seen as 'work related care' to be paid by employers.

We can help you with 'employer's issues' as well: employer tactics. In case you need a lawyer, we can recommend you the right ones.

We counsel professionals/working floor as wel as 'entrepreneurs'/leaders/managers.

<mailto:info@burnout.nl> for free testing and an orientational meeting with one of are English counselling and/or internationally counselling burnout psychologists.

J Philippe Blankert PhD MSc, chairman of Stichting Burnout – 1 november 2015